

**LAGUARDIA COMMUNITY COLLEGE**  
**SUMMER 2006 PROGRAM: CERTIFIED FIRST RESPONDER AND HEALTH**  
**CAREER EXPLORATION WORKSHOP**

Schedule: July 5 – August 17 Tuesday —Thursday  
Hours: Tuesday and Wednesday 9 – 4 Including Breaks and Thursday 9 -3 including breaks  
Metrocards and lunch provided

**Rescue me!**

Do you have what it takes to be on the front lines in an emergency? Beyond guts and the ability to stay cool under pressure, first responders—paramedics, firefighters, and others—need specialized knowledge of the human mind and body.

Certified First Responders are capable of providing emergency care until an ambulance or other medical assistance arrives. CFR training is required by many police departments and health related fields. This will also provide an excellent background if you are interested in any aspect of the medical field.

This summer, faculty from LaGuardia's paramedic program will share their expertise with you in both standard classroom situations and simulations. It's not just a game, though; by program's end, you'll be prepared to take the actual exam that qualifies you to be a Certified First Responder (CFR) in New York State!

The exam will be given on August 17<sup>th</sup> and all students who successfully complete the class will be registered to take it.

**Eligible students will take both of the following:**

**Certified First Responder course**

In this course, instructors who are themselves certified first responders will teach students lifesaving skills, first aid, advanced CPR, and human anatomy. Hands-on modeling of situations CFRs might actually find themselves in will be an essential part of the instruction.

**Academic Skills and Career Exploration workshop**

In this workshop, tutors will work with students to review vocabulary and readings that come up in the CFR course. Moreover, workshop participants will expand beyond the course by undertaking and responding to additional readings on related themes.

Students will learn how to get the most out of the CFR course (and others!) by focusing on active listening and visualization, effective note taking, and library research. (Program participants receive an orientation to the college library and work in a computer lab.)

Finally, students will interact with various guest speakers in the allied health professions to explore career options and interests.

**Eligibility**

**To enroll in the Certified First Responder program, you must:**

- be a New York City public high school student
- be at least 16 years old (because that's the minimum age for taking the state CFR exam)
- pass all your current high school courses
- have a minimum of 65 on your Living Environment Regents\*
- fill out an application answering all our questions
- be interviewed

\*Students with a Regents score below 75 may be asked to take a reading test. Interested students who never took the Living Environment Regents or who got under 65 may be asked to provide other evidence of learning in those areas.

Due to the NY State certification requirements we cannot accept students who are currently charged or have been convicted of a crime as they will not be eligible to take the certification exam without an appeal, and we will not have time to process the appeal before the August 17<sup>th</sup> test date.

## **CFR Completion Requirements**

Students cannot be absent more than two times.

Reading, writing, and research assignments must be completed. These include a short paper and class presentation on a career in a health field.

Students must participate actively in all aspects of the program.

## **Please note the following:**

There is no college credit for this course. Many of our partner high schools have agreed to provide high school credit to students who successfully complete the course. If you want to receive high school credit for this class, please check with your guidance counselor or College Now Coordinator first to find out your school's policy. Your guidance counselor can call Marion Stein, Assistant Director of College Now at LaGuardia Community College, (718) 483-5437 for more information.

## **To Apply**

Fill out the Student Application Form answering all of our questions honestly and to the best of your ability.

Have your guidance counselor or College Now Coordinator sign and fill in your Documentation Form and attach a copy of your high school transcript.

If your school is a partner school in LaGuardia's College Now program, you may give your completed application and documentation forms to your College Now coordinator who will return them to us.

If your school is **not** a partner in LaGuardia's College Now program or you are not sure, please return both forms to us by mail. Our address is:

College Now at LaGuardia Community College

Room M418

31-10 Thomson Avenue

Long Island City, NY 11101

Attn: Summer Program

## **Deadlines and Questions**

We will review all applications as they arrive. As there are a limited number of spaces for this class, you should get your application in as soon as you can. Applications cannot be accepted after June 10<sup>th</sup>. Applicants who best meet the qualifications will be called for an interview. Final selection will be based on both the application and interview. If you have questions about this application process, please call, Marion Stein, Assistant Director, College Now at LaGuardia, (718) 482-5437.



3. Have you taken any previous first aide, CPR, nursing or other health related classes? \_\_\_\_\_ If you have, please tell us what classes you took, and tell us a little about what you learned.

4. Describe a situation that you witnessed or were a part of where you had to step in and help. What happened? How did you decide what to do? How did you feel?

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**Documentation Form**

**Please have a guidance counselor or your school's College Now Coordinator fill-in and sign this documentation form. Please attach a copy of your high school transcript to this form and return it to us along with your application.**

High School \_\_\_\_\_

Student's Last Name \_\_\_\_\_ First Name \_\_\_\_\_

OSIS # \_\_\_\_\_

Current Grade \_\_\_\_\_ Official Class \_\_\_\_\_

Student's GPA \_\_\_\_\_

Number of absences this academic year \_\_\_\_\_

Student's Score on Living Environment Regents \_\_\_\_\_

Student's Score on SAT Verbal (if taken) \_\_\_\_\_

Student's Score on PSAT Verbal (if taken) \_\_\_\_\_

Student's Score on ELA Regents (if taken) \_\_\_\_\_

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Guidance Counselor or CN Coordinator signature